



LAKE WHITNEY  
RANCH

Nestled in the heart of Texas, Lake Whitney Ranch encompasses over 930 acres of scenic countryside, rolling hills, and inspiring views from rugged cliffs bordering a peaceful blue lake. Owned and operated by the Texas Conference of Seventh-day Adventists, Lake Whitney Ranch is a God-centered camp hosting five annual summer camps, numerous ministry retreats and church events.

In keeping with the fourth commandment, Seventh-day Adventists observe the seventh-day Sabbath from sundown on Friday, until sundown on Saturday. It is a day of rest, worship, ministry, and communion with God and one another. During Sabbath hours, groups that are on the ranch property are encouraged to worship God, the Creator of all living things, while enjoying the day in fellowship with one another. If your group has reserved the camp over the weekend, we ask that you and your guests be aware of the following: Activities such as hiking, canoeing, sun barge, and a variety of other things that are conducive to a worship atmosphere are available. Recreational activities such as volleyball, soccer, basketball, ski boats, and swimming are not available during Sabbath hours. If you have any questions about other activities that may be available during Sabbath hours, please contact us.

Enclosed is our policies and safety regulations that we trust will be helpful in planning for your stay here. **Carefully read this information as some guidelines have been revised or changed. As a group leader you are responsible for assuring that your group abides by these policies.** It is our goal to keep you safe, as well as, to gain a spiritual blessing. It is our desire that you also have a relaxed and enjoyable time. We look forward to having your group here and will be happy to assist you in any way possible. If you have any questions, please feel free to call 1-254-622-2194.

May God bless you as you plan for your special event.

Your friend,

# CAMP POLICIES

1- All meeting areas, lodges, houses, RV sites, camping, and eating areas, are to be left clean. All trash should be put in trash bins outside the perimeter of each area at the end of your visit. Any associated charges required for clean-up of trash on the grounds after an event will be charged to the associated group or individual.

2- The group leader shall be responsible for the behavior of their members and also shall be responsible for any damage caused by any member of his/her group.

3- No personal 3- or 4-wheelers, RTVs, or golf carts are permitted on camp property. RTVs owned by Lake Whitney Ranch are available for rent if desired.

4- No texting or cell phone usage while driving any means of powered transportation is permitted. This includes, but is not limited to automobiles, trucks, tractors, RTVs, golf carts, or boats.

Groups that are not already covered by the insurer of the Texas Conference, Adventist Risk Management, must be covered by accident insurance and submit proof 30 days in advance for approval by The Lake Whitney Ranch director and Adventist Risk Management. Any special events scheduled by Seventh-day Adventist members that are not covered by the existing insurance policy must provide proof of an additional waiver acceptable to Adventist Risk Management.

5- Each guest is responsible for the protection of wildlife, vegetation, equipment, and buildings from damage. Absolutely no trees or vegetation are to be cut or removed. No fires are allowed without prior approval from the Lake Whitney Ranch Directors. All fire bans for Bosque County will be strictly observed. Groups often share LWR with other groups. It is important that respect and courtesy be shown to all with reference to behavior, quiet times, meeting facilities and lodging.

6- No alcoholic beverages, illegal drugs, smoking, fireworks, or weapons of any kind, including, but not limited to guns, personal bows and arrows, are permitted on camp property.

7- Pets of any type are NOT allowed. Any individual or group bringing a pet on camp property will be fined \$200 and asked to remove it immediately. The pet owner will also be responsible for any additional fees for damages or injury caused by the pet. **The only exception to this policy is service animals specifically trained and certified for the impaired.** If an individual

or group plans to bring a service animal to camp, prior notification and proof of certification is requested.

8- If any person leaves things behind and wishes to have them returned, they should contact the main office. The person can decide to have it sent back to him/her at his/her own expense. After 30 days LWR reserves the right to take any unclaimed lost and found items to the local charity. Each person is responsible for his/her own property. Lake Whitney Ranch is not responsible for any missing items and is not liable for damage to any personal equipment and or belongings of guests or staff. Personal vehicles are the responsibility of the owner.

9- Quiet time will be observed after the hours of 10:00 p.m. as a courtesy to all Lake Whitney Ranch guests and neighbors.

10- Check in & Check out: Group leaders are to check in with the manager on duty upon arrival to go over the weekend program and any last-minute needs etc. Check in time is at 3:00 PM and check out time is at 11:00 AM unless prior approval by the LWR director.

11- No gambling is permitted on the grounds.

12- All outdoor cooking must be done on a barbecue grill or propane stove, with fire extinguisher nearby.

13- All RV campers are required to have a fire extinguisher.

14- To enter legally on our premises, one must enter at the main gate. Any other entry point will be considered trespassing and will be handled as such. All vehicles must check in at the main office. To ignore this could be grounds for your dismissal from the camp.

15- We, as a SDA church, keep a vegetarian or clean meat diet as per Leviticus chapter 11. We ask that no pork products or shellfish be prepared or served on camp property. If you have any further questions, please give us a call.

16- Electrical circuits shall not be altered, nor connected to, except through outlets provided.

17- No unauthorized selling is allowed on the campground. All sales must be approved granted by the LWR director.

18- Equipment and furnishings assigned to buildings on the campground shall not be removed from said buildings for any reason, except upon permission from the LWR director, or in their absence, the LWR manager.

- 19- No defacing, spray painting or destruction of camp property (including wildlife, trees, buildings, roads, etc.). All violators will be held accountable and liable.
- 20- No swimming on camp premises unless approved by LWR director or in his absence the LWR manager. NO EXCEPTIONS.
- 21- No water activities are allowed without life preserves and lifeguards. Violators will lose all lake privileges.
- 22- Water crafts (boats, canoes, paddle boats, rafts, floats, etc.) can only be used with proper authorization from the LWR director.
- 23- Changes in physical set-up of reserved space must be arrange with the LWR manager. Requested changes will be accommodated only as time permits.
- 24- Shirts and shoes are required in the cafeteria and all swimsuits must be covered with appropriate clothing **always**. Shoes or sandals should be worn at all times, except at the designated swimming areas.
- 25- The following areas and or equipment are **off limits to campers**: Maintenance shop, cliff areas surrounding LWR property, kitchen. These activity areas are **off-limits when LWR staff or camp staff are not present**: horsemanship area, go-cart track, swimming areas, archery range, and any other activity that needs safety apparel.
- 26- Insurance: All groups must be covered by liability insurance.
- 27- Promotions and promotional materials are prohibited without the permission of LWR administration.
- 28-No political campaign materials may be displayed at LWR.
- 29- Banners must have permission to be displayed. Banners and or flyers must be removed upon the completion of the event.
- 30- The use of adhesive tape, glue (any type), tacky tape, thumb tacks or nails on doors, ceilings, walls, floors or fixtures is prohibited. Consult with the LWR manager or LWR director for acceptable materials that can be used.

## **SAFETY REGULATIONS**

Per regulation of the Fire Marshall and Adventist Risk Management, these capacities cannot be exceeded. A daily current list with names is required for each room and must be available to the LWR Staff, Fire Marshall, EMS, and Sherriff's Department 24 hours per day. Any changes from your registration information must be reported immediately to the LWR Director you registered with. Any fines imposed on Lake Whitney Ranch by a Law Enforcement Agency for the inaccuracy of the occupancy report will be charged to the corresponding individual or group account.

## **BONFIRE**

Only permitted at the Fire Bowl for large events with prior written permission from the Lake Whitney Ranch Director.

## **CAMPFIRE**

Small, individual campfires are allowed only with prior written permission from the Lake Whitney Ranch Director. Campfires must always be attended to and put out completely with water. Do not allow them to smolder. No cutting trees or vegetation is permitted. All fire bans for Bosque County will be strictly observed.

## **WATER ACTIVITIES**

All (pond/lake) water activities require at least 1 Lifeguard/Waterfront lifeguard on duty for every 25 persons and one spotter for every 10 persons. The use of **Personal Flotation Device** is required.

## **VEHICLE USE**

Vehicle use is to be limited as much as possible in camp. The speed limit in LWR is 15 mph. Individuals are not to ride in back of pickups, on trailers, on hoods or any outside parts of vehicles (including golf carts), not designed for passengers where seats are not attached to the vehicle. Golf carts can only hold the manufacture designed number of passengers and they are always to stay seated when the vehicle is in motion. Only persons with a valid driver's license may drive any vehicle, including golf carts. Any non-camp owned motorized vehicles, that are not licensed through the state for road use, are prohibited in LWR. Ex, Personal golf carts, ATV's scooters, Motorized skateboards, etc. Vehicular traffic **must** always use camp's roads.

## **OFF LIMIT AREAS**

See policy # 25.

## **INTRUDERS**

All groups are advised to do the following procedures regarding intruders:

Report any unauthorized individual(s) to the main office or to the LWR staff on duty.

The camp staff in charge or the LWR staff on duty will be contacted immediately.

The camp staff in charge or the LWR staff on duty will escort the individual(s), if necessary, to the main office

## **SUPERVISION**

All groups with children under 18 who are unaccompanied by a parent or guardian are advised to meet the following minimums for staff to camper ratios:

Camper Age	Number of Staffs	Overnight Campers	Day-only Campers
5 yrs. & younger	1	5	6
6-8 yrs.	1	6	8
9-14	1	8	10
15-18	1	10	12

## **AVOID WILD ANIMALS (INCLUDING SNAKES, BIRDS, SQUIRRELS, ETC)**

Some wild animals are venomous and/or carry diseases that are dangerous to people. Avoid touching, feeding, and getting near wild animals. Enjoy watching them from a safe distance in their natural surroundings. Keep food stored in sealed containers and out of reach of animals.

## **FIGHT THE BUG BITE**

Mosquitoes, ticks, and other insects can cause certain diseases. To help fight the bite, apply insect repellent containing DEET to exposed skin. Be sure to follow directions on the package.

Check for ticks daily and remove them promptly. Wear long sleeves, pants, and other light-colored clothing to help prevent and spot ticks more easily.

### **PREVENT TEMPERATURE RELATED ILLNESS**

To help prevent hypothermia during cool nights, bring adequate bedding and clothing to stay warm. Use a plastic ground cloth under your tent to help keep you dry. To help prevent heat-related illness during hot days, drink plenty of sugar-free fluids. Don't wait until you're thirsty to drink. Wear layers of lightweight, light-colored, and loose-fitting clothing. Rest often in shady areas

### **PROTECT YOURSELF FROM THE SUN**

Protection from ultraviolet (UV) radiation is important all year. UV rays from the sun can reach you on cloudy and hazy days, as well as bright and sunny days. Use a broad-spectrum (against UVA and UVB rays) sunscreen and lip-screen with at least SPF 15. Seek shade, especially during midday hours, when the sun's rays are strongest. Cover up with clothing, a wide-brimmed hat, and sunglasses.

### **AVOID WATER-RELATED ILLNESSES**

Camping often includes playing in and around the water. To help protect yourself and your fellow campers from illness, don't swim if you have diarrhea and don't swallow the water you swim in. Take a shower before and after swimming. Never swim alone. If you plan to ride in a boat, canoe, or other water vehicle, be sure to wear a life jacket.

### **BE PREPARED**

Always prepare for the unexpected. Before you leave, check the weather report and learn about security at your camp location.

Being aware of your environment is an important part of the camper lifestyle. So is having a healthy respect for nature. Whether hiking through the woods or enjoying time on the water, we are in the company of all kinds of wildlife.

Make sure that you are wearing the right gear and being cautious when enjoying the gorgeous wilderness that our country has to offer. These are small steps to take to keep you and your family safe. Be safe and happy camping.

## **HEALTH INFORMATION**

LWR does not provide healthcare for groups. We advise each group to have their own healthcare specialist such as a doctor or nurse. If that is not possible, groups are advised to at least have an adult on duty that has a CPR certification and first aid certification from a nationally recognized provider. Each group is advised to provide their own first aid kit. All medications need to be stored under lock, unless in control of the person responsible for administering them.

It is recommended to each group leader to gather the following information for their records:

- Names of all participants
- Emergency contact names and numbers.
- List of any persons with known allergies, health conditions requiring treatment, restrictions, or accommodations while on site.
- For minors without a parent on site, a signed permission to seek emergency treatment or a signed waiver.
- Emergency transportation: EMS services are available to LWR 24 hours a day, 7 days a week, year-round. This is provided by Bosque County Fire & Rescue. They can be reached by dialing 911. LWR director or manager on-duty will call if needed or the group leader or one of their staff. If someone from the group calls 911, please notify the LWR director or manager as soon as possible.

## **LOCAL HEALTHCARE FACILITIES**

***Goodall-Witcher Hospital E.D.  
Level 4 Trauma Facility***  
101 Posey Avenue  
Clifton, TX 76634  
254-675-8322  
16 miles from LWR

***Hill Regional Hospital E.D.  
Level 4 Trauma Facility***  
101 Circle Dr, Hillsboro, TX 76645  
254-580-8500  
30 miles from LWR

***Emergency Telephone Numbers:  
Fire & Police 911  
Sheriff (Bosque Sheriff)***  
(254) 435-2362

***Teddy Bear Transport***  
1-800-KID-HURT

## **EMERGENCY PROCEDURES**

The emergency coordinator is the only person authorized to activate and manage an emergency procedure. Depending on the situation, this person may be the LWR director or in his absence, the LWR manager. The signal for an emergency is the main camp siren.



- 1- A continuous siren = meet on the soccer field for line call (missing camper, fire evacuation).
- 2- An intermittent siren = Get into and stay in the closest building (strong weather).

**IF SOMEONE FROM YOUR GROUP MAKES A 911 CALL, PLEASE ADVISE THE  
MANAGER ON DUTY AS SOON AS POSSIBLE**